WEEKLY MENU

WEEK 1

WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

FLAT BREADZ — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY THURSDAY — CHICK N' RUN

Drumsticks served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

MON	Thai Yellow Vegetable Curry, Broccoli, Salad & Mixed Rice (VG)	Mac & Cheese with Crispy Onions with Garlic Bread & Mixed Salad (V)
TUE	BBQ Beef & Bean Chilli with Penne and Mixed Salad	Vegemince Cottage Pie with Broccoli, Carrots & Cauliflower (VG)
WED	Roast of the Day, Gravy & Roasties with Seasonal Greens and Carrots	Roast Quorn, Gravy, Roasties with Seasonal Greens & Carrots (V)
THU	Chicken & Sweetcorn Pie with Broccoli, Carrots & Cauliflower	Cheese, Onion & Potato Pie with Broccoli, Carrots & Cauliflower (V)
FRI	Sustainably Sourced Battered Fish & Chips with Peas or Beans	Pizza Selection with Chips or Wedges

POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up

10th Nov, 1st & 22nd Dec, 19th Jan, 9th Feb, 2nd & 23rd March

V - VEGETARIAN
VG - VEGAN

WEEKLY MENU

WEEK 2

WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

FLAT BREADZ — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY THURSDAY — CHICK N' RUN

Drumsticks served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

MON	Baked Macaroni Cheese with Tomato & Oregano Topping (V)	Roasted Vegetable & Hummus Panini (VG)
TUE	Kashmiri Spice Bowl with Beef & Lentils and Mixed Rice	Spaghetti with Roasted Vegetables in Herby Tomato Sauce (V)
WED	Roast of the Day, Gravy & Roasties with Seasonal Greens and Carrots	Roasted Sweet Potato tart with Roasties and seasonal Vegetables (V)
THU	Sausage & Mash, Caramelised Onion Gravy & Seasonal Vegetables	Veggie Sausage & Bean Hot Pot (VG)
FRI	Sustainably Sourced Battered Fish & Chips OR Oven Baked Chicken Nuggets & Chips	Pizza Selection with Chips or Wedges

POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up

27th Oct, 17th Nov, 8th Dec, 5th & 26th Jan, 16th Feb, 9th March

V - VEGETARIAN
VG - VEGAN

WEEKLY MENU

WEEK 3

WOK MY WAY — EVERY TUESDAY

Asian inspired noodles with a selection of protein and vegetables

FLATBREADZ — EVERY WEDNESDAY

Authentic Greek flatbreads topped with marinated chicken or plant-based protein

EVERY THURSDAY — CHICK N' RUN

Drumsticks served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours

MON	Vegan Sausage Roll & Home baked Potato Wedges (VG)	Mild & Creamy Vegetable Korma Curry & Mixed Rice (VG)
TUE	Mild Chicken Korma with Sweet Potato and Lentils & Mixed Rice	Vegetable Bolognese Pasta & Garlic Bread (V)
WED	Roast of the Day, Gravy & Roasties with Seasonal Greens and Carrots	Roasted Winter Vegetable Casserole with Roast Potatoes (VG)
THU	Greek Style Layered Beef Pasta Bake	Greek-Style Layered Vegetable Pasta Bake (V)
FRI	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips	Pizza Selection with Chips or Wedges

POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

DESSERTS

Enjoy our chef's choice of sweet treats, served every day

SPUD STOP — TOPPED & LOADED

Hot loaded spuds with a daily range of tasty toppings to fill you up

3rd & 24th Nov, 15th Dec, 12th Jan, 2nd & 23rd Feb, 16th March

V - VEGETARIAN
VG - VEGAN